

# IPALA Leadership Academy

IPALA, (International Pediatric Academic Leaders Association)  
An on-line course for pediatric leaders

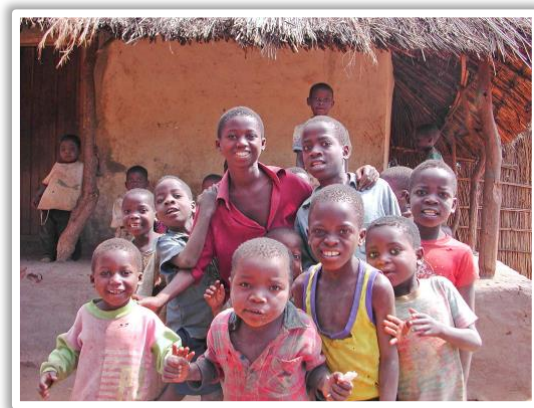


## Outline of the program

Commencing February 2022 is IPALA's Leadership Academy, an on-line, year-long training course for child health leaders. There are three components:

- A monthly webinar on an aspect of leadership & management (see topics below)
- an assigned mentor for the duration of the course
- a small leadership project to be undertaken throughout the year.

Successful completion leads to the award of an IPALA Leadership award & certificate



## Topics of the program

1. An introduction to the key attributes of leaders, the challenges they face, their personal leadership journey, strategies they have found useful to be successful. There are a series of videos of child health leaders discussing the challenges they face and the principles that guide them in their leadership roles.
2. Understanding and Managing self. Thinking internally, communication skills, listening and responding skills, receiving feedback, insights into personal emotional intelligence and its development, time management, balancing rest and refreshment with work expectations and outputs, work-life



balance and promotion of wellbeing at the individual level

3. Managing others and managing outwards. Developing insights into individual and group behaviors and responses, managing teams, influencing culture, giving feedback, performance management of high and low performing people.
4. Financial literacy, developing a business case, how to read a financial statement. This is particularly when negotiating with your Dean for resources, for work on Boards and Committees and for giving advice to governments.
5. Being an effective academic. Leveraging roles for success in academia. Understanding the pressures of clinical service, research and teaching, developing strategies to manage the pressures of high expectations and high outputs, yet support and develop staff and teams. Succession planning and legacy.
6. Understanding modern medical education principles, including self-directed learning, curriculum development, assessment principles, educational metrics. This will give a sound basis for education understanding.
7. Understanding modern research methodologies within the context of a pediatric academic. Key broad directions in child health research. Translating clinical and public health problems into research projects, effective research grant writing, key principles for publication success, developing research collaborations. Research quality, translation, equity, advocacy and impact.
8. Debrief on this management and leadership program. What has worked, examples of personal change in the workplace as a result of this course, gaps in the program.

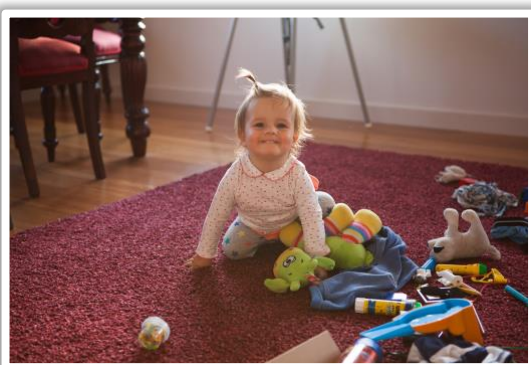


## Application for enrolment

To apply for this course, please ensure you have a senior colleague who can recommend you. It is expected they would assist with mentoring you through this program. Once you have the name and email address of a mentor, please check on the ipala website ([ipala.org](http://ipala.org)) under the Programs tab, Leadership Academy, which will explain in more detail the application process. Application can also be made by expression of interest to: [ipalaemail@gmail.com](mailto:ipalaemail@gmail.com)

## Costs

The only costs involved are a membership fee of IPALA. This is explained and details provided under the Membership section of the [ipala website](http://ipala.org) ([ipala.org](http://ipala.org))



## Requirements

You need to be willing to learn, commit to this calendar year course, work with a mentor, undertake a small project and have an internet connection

## Outcomes

You will be well equipped in leadership and management principles, positioning you well for future opportunity as a leaders in child health

